Principal Report  October 27

Resilience Program Back in July our Wellbeing Team wrote a successful application to be part of a statewide ‘Resilience’ project. This gives us a great chance to work with Andrew Fuller, a leader in this field. Andrew has written a number of books and is a great presenter. He wrote a recent book titled ‘From Surviving to Thriving’ and I have copies if you would like to enjoy reading about ‘Resilience’.

The Resilience Project focuses on ‘four interconnected strengths’, these being:

1) Empowerment: high levels of empowerment suggest that a young person feels safe across many contexts in their life, including safe from bullying and cyber bullying, and valued and respected by others.

2) Belonging: high levels of belonging are associated with lower involvement in a wide range of risk behaviours and significantly increased thriving.

3) Boundaries and Expectations: high levels are strongly and consistently related to a variety of positive youth outcomes, particularly higher academic achievement.

4) Adult Support: high levels suggest that a young person with a safe, warm and supportive family, where at least one adult or caring parent loves and cares for you and listens to you, are associated with lower risk behaviours and higher academic achievement.

Each of these strengths helps our students build and enhance resilience. Our aim is for all our students to feel safe and valued, and have plentiful opportunities to express their passions and interests. In turn, they help one another, feel more connected, are great learners and ultimately, caring citizens.

Statewide data is being collected and our students have completed the Resilience Survey as a basis to evaluate the impact of whole school resilience strategies to be implemented in 2017. Melissa, Marni and Denise are attending workshops with teachers from the other schools involved. They are presenting to our staff meeting this week and I look forward to them sharing our work on this Project over the coming year.

The Education State

I attended a Principal’s briefing last week where we learnt more about new initiatives underway as part of the Education State. As well as further funding for school camps and our breakfast club, there will be lots of support for teachers to develop their practice and curriculum, focusing on helping our students to plan their learning, setting goals and achieving their best work.

Please see over ——>

*****SCHOOL PHOTO`S - 3rd NOVEMBER*****
Great Awards for our School

It has been an exciting week as we have won 5 awards.

Quoting from the Colac Herald: ‘Students and teachers at Lavers Hill K-12 College have led the way promoting positive mental health and wellbeing. The College won three awards at the 2015 Otway Wellbeing in Mind Awards. These were for:

The **Turning Point Program** for its great work engaging and supporting students

**Denise Hooke** for her leadership of the Turning Point Program and

**Jasmine Steen** (Youth Award) for her efforts promoting school and community awareness of mental health issues.

Jasmine, in the very same week, has won a **VCE Leadership Award** recognizing, ‘her leadership, initiative and involvement in extra-curricular and community activities’. This award is presented to a Victorian student by the VCAA (Victorian Curriculum and Assessment Authority)

Our 5th achievement is for Tom Gilbert who was a finalist in the Community Newspaper Association of Victoria’s ‘Best article by a Person- 18 Years and under’. Tom wrote a most engaging and humorous story for this away.

Congratulations to the Award winners and to the many staff and students who contributed to their success. I feel very proud of the achievements of our students and teachers
Lavers Hill P-12 College
FUNDRAISER.....
A FANCY DRESS FAMILY DISCO FOR
HALLOWEEN
Friday 30th October in the
College GYM

Starting @ 6.30pm and finish @ 9.30pm
Children under 10 need to be supervised by an adult
$2 per person

- Enjoy a sausage from the BBQ
- Finger food available at minimum cost
- Novelty Items available for sale also

For enquiries contact Tracy on
5237 3252

We are hoping to end the evening with a bonfire if the weather permits!!
**VCE EXTRNAL EXAMINATIONS**

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Subject</th>
</tr>
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<tbody>
<tr>
<td>Wednesday 28th October</td>
<td>9.00am to 12.15 pm</td>
<td>ENGLISH</td>
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<tr>
<td>Thursday 29th October</td>
<td>9.00am to 11.45 am</td>
<td>PSYCHOLOGY</td>
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<tr>
<td>Friday 30th October</td>
<td>9.00am to 11.45 am</td>
<td>BIOLOGY</td>
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<td>2.00pm to 3.45pm—FURTHER MATHEMATICS EXAMINATION 1</td>
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**P-4 ACTIVITY DAY**

We had a wonderful day out for the Prep-4 Activity Day in Colac. I would like to say a huge thanks to Samira, Mr Thompson, Miss Speirs and David for their help on the day, especially when we invaded Shalimar Nursery to buy plants for our 'Happy Garden'.

Here are some comments about the Prep-4 Activity Day from some of our students:

- I liked playing Poison ball. - Isaac
- I had fun. I liked the games. - Josephine
- My favourite was the sack races at the Prep to four activity day. - Lewis
- I liked going to the playground. - Levi
- We played sack races and catching the balls. I also did bowling. - Te Amo

**PRE-SCHOOL ASSISTANT POSITION**

Written applications are invited for the fixed term position of assistant for Lavers Hill & District Pre-school, commencing 27th January 2016.

- Certificate III in Children’s Services, Working with Children Check, first aid qualifications and anaphylaxis management training essential.

Applications should be submitted in writing to Lavers Hill K-12 College by midday on Tuesday 3rd November 2015.

For further information and a copy of the position description, please contact the Principal of Lavers Hill K-12 College, Andrew Kohane on (03) 52373 213.
2016 Prep Transition at Lavers Hill K-12 College

PREP TRANSITION DAYS

Friday 30th October, 8.50-12.00pm
Friday 13th November, 8:50-12:00pm
Friday 20th November, 8:50-3:15pm
Friday 27th November, 8:50-3.15pm

PARENT INFORMATION SESSION

Friday 30th October,
12.00pm

For more information please call the College Office on (03) 52373213
Greater Western Regional Athletics Secondary Team

Last Friday the 26th October we had Matthew Wyld represented Lavers Hill, the Coastal Cluster, and our region in the state championships in Melbourne. This meet was all students who qualified (first place only) in their respective regional athletics from all over Victoria.

Matthew travelled down and enjoyed the opportunity to compete against Victoria's best. Matthew came 13th which is a fantastic achievement.

Our extremely proud of our sporting students, they put in their personal time training to compete as representatives.

Kath Speirs
Lavers Hill Sports Coordinator

Wear Red and Educate ~ Keeping Kids Safe

“Crimes against children have no place in modern Australia”

This Friday we are celebrating the conclusion of a 4 week awareness program funded by the Daniel Morcombe foundation: Keeping Kids Safe. All students from Prep through to year 9 have gained a better understanding of strategies covered. Ways to look after themselves, recognising body clues, best ways to react, who they feel safe to talk to, internet and phone safety.

The main objective of the program is to empower them, our children, to ‘Recognise, React and Report’ if they feel something is not right.

This day will not be a fundraiser, where as I hope that families discuss the safety strategies that have been covered in health. The students from Prep to Grade 4 have booklets of activities and information for you to reinforce the safety message. Students from Years 5 to 9 watched short films outlining personal safety, internet safety and mobile phone use.

Please wear red to signify the importance of keeping our children safe in our school, community, and globally.

KS 😊
Susan McLean - Cyber Safety

PARENT/CARER INFORMATION EVENING

**MONDAY 9TH NOVEMBER 7pm**

*at COLAC SECONDARY COLLEGE*

Gold Coin donation – Light supper provided

Cyberbullying - Sexting - Problematic Internet Use - Common Internet Acronyms - Internet Safety Tips for Teachers, Parents & Carers - What can I do if my child is being cyber bullied?

Susan McLean is Australia’s foremost expert in the area of cyber safety and young people and was a member of Victoria Police for 27 years. Widely known as the ‘cyber cop’ she was the first Victoria Police Officer appointed to a position involving cyber safety and young people.


EVERYONE WELCOME

****SCHOOL PHOTOS TUESDAY 3RD NOVEMBER*****

Don’t forget to bring back your envelopes and money.....

FAMILY ENVELOPES ARE AVAILABLE AT THE COLLEGE OFFICE
October 2015

Mon  Tue  Wed  Thu  Fri  Sat  Sun

1  2  3  4

5  6  7  8  9  10  11

12  13  14  15  16  17  18
Walk to school week....  Swimming lessons  Canteen Swimming

19  20  21  22  23  24  25
Swimming lessons  P-4 Activity Day  Canteen Swimming

26  27  28  29  30  31
Swimming lessons  Canteen Swimming  RED Shirt Day
PINK DAY  Swimming  Halloween Disco

Contact Us:

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Web: www.lavershillp12c.vic.edu.au